

BACKPACKING CHECKLIST

	Category	Item
<input type="checkbox"/>	Sleep	Sleeping Pad
<input type="checkbox"/>		Sitting Pad
<input type="checkbox"/>		Sleeping Bag
<input type="checkbox"/>		<i>Sleeping Bag Liner</i>
<input type="checkbox"/>		Pillow
<input type="checkbox"/>		Down booties
<input type="checkbox"/>		Tent
<input type="checkbox"/>		tent poles
<input type="checkbox"/>		stakes
<input type="checkbox"/>		footprint/groundcloth
<input type="checkbox"/>	Cook	Fuel
<input type="checkbox"/>		Cup
<input type="checkbox"/>		Jetboil (with stove)
<input type="checkbox"/>		Eating Utensils
<input type="checkbox"/>		Lighter
<input type="checkbox"/>		sponge/scrubbing pad
<input type="checkbox"/>	Clothing	Base Layer–Pants
<input type="checkbox"/>		Base Layer–Shirt
<input type="checkbox"/>		Gloves
<input type="checkbox"/>		Wool Hat
<input type="checkbox"/>		Sun Hat
<input type="checkbox"/>		Short-sleeve shirt
<input type="checkbox"/>		Long-sleeve shirt (omnishade)
<input type="checkbox"/>		Sweatshirt
<input type="checkbox"/>		2 Underwear
<input type="checkbox"/>		2 pairs Socks
<input type="checkbox"/>		Sleeping socks
<input type="checkbox"/>		Puffy Coat
<input type="checkbox"/>		Convertible Pants
<input type="checkbox"/>	Hiking	Shoes/insoles
<input type="checkbox"/>		Trekking poles
<input type="checkbox"/>		Sunglasses
<input type="checkbox"/>	Rain	Rain coat
<input type="checkbox"/>		Rain pants
<input type="checkbox"/>		<i>Umbrella</i>
<input type="checkbox"/>	Dark	Headlamp
<input type="checkbox"/>		Spare batteries
<input type="checkbox"/>	Food	Breakfast
<input type="checkbox"/>		Lunch
<input type="checkbox"/>		Snacks
<input type="checkbox"/>		Dinner
<input type="checkbox"/>		Ziploc bags (Large)

	Category	Item
<input type="checkbox"/>	Water	Sawyer Squeeze Filter
<input type="checkbox"/>		Squeeze Bag
<input type="checkbox"/>		<i>Cleaning plunger</i>
<input type="checkbox"/>		1-2 Platypus
<input type="checkbox"/>		Smartwater bottle
<input type="checkbox"/>		<i>Aqua Mira</i>
<input type="checkbox"/>		Bucket
<input type="checkbox"/>	Navigation	Compass
<input type="checkbox"/>		Maps
<input type="checkbox"/>	Misc.	Waterproof matches
<input type="checkbox"/>		Superglue
<input type="checkbox"/>		Book
<input type="checkbox"/>		Sunscreen
<input type="checkbox"/>		Duct Tape
<input type="checkbox"/>		<i>Bug spray - Natrapel</i>
<input type="checkbox"/>		<i>Mosquito net</i>
<input type="checkbox"/>		Sewing kit
<input type="checkbox"/>		Moleskin/1st aid
<input type="checkbox"/>		Swiss army knife
<input type="checkbox"/>		Neosporin
<input type="checkbox"/>		Painkiller
<input type="checkbox"/>		waterproof tape
<input type="checkbox"/>		<i>Aerobie Frisbee</i>
<input type="checkbox"/>	toilet	Toilet paper
<input type="checkbox"/>		hand sanitizer
<input type="checkbox"/>		wet wipes
<input type="checkbox"/>		trowel
<input type="checkbox"/>		toothbrush
<input type="checkbox"/>		toothpaste
<input type="checkbox"/>		Q-tips
<input type="checkbox"/>	Communication	Phone
<input type="checkbox"/>		Charging cord
<input type="checkbox"/>		Battery pack
<input type="checkbox"/>		Charging cord
<input type="checkbox"/>		Plug
<input type="checkbox"/>		Journal
<input type="checkbox"/>		Pen
<input type="checkbox"/>		inreach mini
<input type="checkbox"/>		Camera
<input type="checkbox"/>		
<input type="checkbox"/>		

	Category	Item
<input type="checkbox"/>		Ziploc bags (small)